

NORTH COAST SWIM CLUB

Code of Conduct for Parents/Legal Guardians

Parents participating on the North Coast Swim Club agree to abide by the standards of conduct outlined below.

- Be involved. Parents are expected to be active participants in fundraising events and team activities. The success of the Club relies on the involvement of the parents. It takes everyone working together to support our team!
- Honor financial obligations to the Club—pay all dues and fees on time and meet all fundraising obligations.
- All members, not just swimmers, are expected to exhibit good sportsmanship. Maintain self-control and show respect and common courtesies at all times.
- Team parents should be supportive of one another. Spreading gossip or making disparaging or negative comments is hurtful, divisive, and inappropriate. Most importantly, this negativity can adversely impact our swimmers and their relationships with one another and with the Club. This is bad for team morale and unity.
- Be supportive of your swimmer's efforts at practice and at meets.
- Trust and support your swimmer's and coach's decisions regarding goal-setting, training commitments, swim event entries, and meet schedules. Do not impose your ambitions on your child.
- There should be positive reinforcement of all swimmers in all situations.
- Do **not** discipline another parent's swimmer. If there is an issue, please bring it to the attention of the swimmer's parent(s) or the coaching staff.
- During posted practice hours, coaches are unavailable for any discussion. Please refrain from approaching them on deck during practice hours, as it is disruptive to the coaches who are working and to our swimmers. USA Swimming considers parents on deck during practice to be a liability and safety issue.
- Call, email or arrange to meet with coaches before or after practices/meets.
- Do not coach or instruct the team or any swimmer at a practice or meets. Leave that to our professional coaching staff. Know your role:

[Swimmers—Swim; Coaches—Coach; Officials—Officiate; Parents—Support!]

- If there are concerns, address them with the appropriate coach in private by setting up a meeting with that coach and allowing a minimum of 24 hours to pass before said meeting. If meeting with the coach does not resolve the issue, a meeting with the NCSC Board President, the coach and the parent(s) will be arranged.
- During competitions, questions or concerns regarding decisions made by meet officials should be directed to a member of the NCSC coaching staff only.
- As a parent, understand that criticizing, name-calling, or use of abusive language or gestures directed toward officials, parents, or swimmers (including your own) will not be permitted or tolerated.
- Inappropriate physical contact will not be tolerated. Use of recreational drugs, alcohol, or tobacco will not be permitted on site of swimming or team events.

- Do not encourage any behaviors or practices that would endanger the health and well-being of the swimmers.

Sanctions: By signing below I acknowledge that I have read the Parent Code of Conduct and that I submit myself to the following actions by NCSC should it be determined that I have in any way violated the code.

Should I conduct myself in such a way that brings discredit or discord to North Coast Swim Club; Oregon Swimming, Inc.; or USA Swimming, I voluntarily subject myself to disciplinary action.

I understand that NCSC maintains the right to terminate any membership in the interest of the organization's vision, mission, and objectives.

(parent/legal guardian signature)

(date)

(name: please print)

(parent/legal guardian signature)

(date)

(name: please print)